

2010 March Swim Clinics

PERFECT YOUR STROKES FOR THE 2010 SUMMER SEASON

Highly focused technique work

Multiple stroke drills

Introduction to the Rapids

DATES

March 1-5 Freestyle

March 8-12 Backstroke

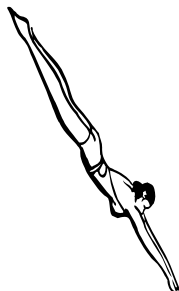
March 15-20 Breaststroke

March 22-27 Butterfly

March 29-Apr2 Turn Clinic

Session Times

8 and under 4:00-4:45
9 - 11 4:45-5:30
12 and up 5:30-6:30



Price

\$35 a week
or
\$125 for all Five weeks